



Food, Nutrition & Dietetics

Selected Indexes: No single index provides complete coverage in this field. Online indexes are available by accessing *find articles on your topic* from Milner Library's homepage.

AGRICOLA

A primary index for articles related to food science and nutrition. Use the thesaurus for indexing terms.

Medline

A primary index for articles related to diseases and human conditions, including nutrition related information. Use the MeSH thesaurus for indexing terms. Medline is included in the PubMed database.

PubMed

This database is free from the U.S. National Library of Medicine. It contains many references to sources on nutrition & dietetics. If you access PubMed from the list of Milner's databases the *find it* icon will appear with your references allowing you to directly search the holdings of Milner Library for sources. You can also access PubMed at <http://PubMed.gov>.

CINAHL

A nursing and allied health database which indexes a large number of nutrition journals. Use the CINAHL thesaurus for indexing terms.

Applied Science and Technology

This database indexes some of the major journals in food science.

ERIC

An education database that includes references to literature on nutrition education and other aspects of consumer information. Use the thesaurus for indexing terms.

PsycINFO

A psychology database which surprisingly indexes literature on selected topics related to nutrition. Use the thesaurus for indexing terms.

Health Source Nursing/Academic Edition

This health science database indexes some nutrition literature. Many articles are available in full text.

HealthSource Consumer Edition

This consumer health and wellness database provides references to nutrition articles from magazines, journals, and pamphlets. Many full text sources are available.

Academic Search Premier

Indexes academic and general interest periodicals. Many articles are available in full text.

Current Contents

A general index covering many subject areas.

Milner Library
www.library.ilstu.edu
(309) 438-3451



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Selected Indexes: (continued)

Biological and Agricultural Index

Indexes many nutrition/food science journals.

GPO Monthly Catalog

The database for US government publications. The government publishes many documents on nutrition and food science.

USDA National Nutrient Database for Standard Reference

Available on the Internet via www.nal.usda.gov/fnic/foodcomp/search. Use for food policy research and nutrition monitoring.

Major Journals, Magazines & Newsletters: The following is a list of selected periodicals that publish articles related to food, food science nutrition, and the restaurant business. Current issues are located on floor 2.

American Journal of Clinical Nutrition RC 584 .A5

Also available online from 1999- Present.

American Journal of Health Behavior, Only available online, 1996-, from the Health Source Nursing/Academic Edition database.

American Journal of Health Promotion RA 427.8 .A43

American Journal of Health Studies RA 427.8. W4502

British Journal of Nutrition TX 501 .B75

Also available online, 1999-, from the WilsonSelect Plus database.

Canadian Home Economics Journal TX 1 .C3

Cereal Foods World TS 2120 .C4701

Cornell Quarterly Hotel & Restaurant Administration TX 901 .C67

Family and Consumer Sciences Research Journal TX 1 .H6250

FDA Consumer Floor 4 Government Documents, Doc HE 20.4010:

Also available online from 1989-

Food, Only available online, 1987-, from the Lexis-Nexis database

Food and Drug Law Journal, Only available online, 1996-, via the Lexis-Nexis database

Food Australia TP 368 .F6801

Food Biotechnology Only available online, 2001-



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Major Journals, Magazines & Newsletters: (continued)

Food Engineering TX 341 .F8703

Food Engineering, Only available online, 1999-, from the Lexis-Nexis database

Food Ingredients News, Only available online, 1994-, via the LexisNexis database

Food Management TX 901 .F68
Also available online, 1994-2005, on the ABI/Inform database

Food Manufacture, Only available online, 1995-, from the Business Source Elite database

Food Manufacture International, Only available online, 1995-, on the Lexis-Nexis database

Food News for Consumers Floor 4, Government Documents, Doc A 110.10:
Also available online 1996-

Food Outlook, Only available online

Food Processing TP 373 .F55

Food Research International TP 36 8.C302

Food Review Floor 4, Government Documents, A93.16/3, floor 4

Food Science and Technology Only available online

Food Service Only available online, 2002-, on the Lexis-Nexis database

Food Service Director TX 90 1.F62.
Also available online, 1997-, from the Business Source Elite database

Food Technology T P370 .F63
Current year also available online

Foodborne Pathogens & Disease, Only available online

Gourmet; The Magazine of Good Living TX 1 .G75

Harvard Health Letter RA 773 .H3701

Health Education and Behavior RA 421 .P684
Also available online 1999-

Hotel & Motel Management TX 901 .H66

International Journal of Consumer Studies TX 1 .J65



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Major Journals, Magazines & Newsletters: (continued)

International Journal of Food Science & Nutrition, Only available online, 1996- via the Academic Search Premier database

International Journal of Food Science & Technology, Only available online, 1996- via the Academic Search Premier database

International Journal of Sports Nutrition and Exercise Metabolism RC 1235 .I515

Journal of Applied Nutrition TX 341 .J57

Journal of Family and Consumer Sciences TX 1 .J701

Journal of Food Composition and Analysis TX 501 .J13
Also available online 1996-2002 via the First Search database

Journal of Food Protection SF 221 .I53201

Journal of Food Science TX 1 .F65

Journal of Nutrition RM 214 .J6
Also available online, 1997-

Journal of Nutritional & Environmental Medicine. Only available online, 1995-, via the Academic Search Premier database

Journal of Nutrition Education QP 14 1.A1J66
Also available online, 2001- via the Academic Search Premier database

Journal of Nutrition Education and Behavior QP 141 .A1J66
Also available online, 2002- via the Academic Search Premier database

Journal of Nutrition for the Elderly TX 36 1.A3J68

Journal of Nutritional & Environmental Medicine, Only available online, 1995-

Journal of Nutritional Medicine, Only available online, 1990-

Journal of Texture Studies, (1987--1996) TX 341 .J597

Journal of the American Dietetic Association RM 214 .A6

Journal of the Science of Food and Agriculture RX 341.J6

Mealtime Minutes RJ 206 .M43

Meat Sciences TX 556 .M4.M45



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Major Journals, Magazines & Newsletters: (continued)

- Nutrition Action Health Letter*** TX 341 .N8301
Also available online, 1994-, via the Health Source Nursing Academic Edition database
- Nutrition and Cancer***, (1982-1998) RC 261 .A1N87
Also available online, 1999-, via Academic Search Premier database
- Nutrition & Dietetics***, Only available online, 1995-, via Academic Search Premier
- Nutrition and Food Science***, Only available online 1994-
- Nutrition and Metabolism***, Only available online, 2004-, via the PubMed database
- Nutrition Health Review***, Only available online, from 1990-, via the Academic Search Premier database
- Nutrition Journal***, Only available online, 2002-, from the PubMed database
- Nutrition News*** TX 501 .N85
- Nutrition Research***, Current year available online QP 34 .A1N88
- Nutrition Research Review***, Only available online, 1998-, on the Wilson Select Plus database
- Nutrition Reviews*** TX 341 .N85
Also available online, 2002-, via the Academic Search Premier database
- Nutrition Today*** TX 341 .N87
Also available online, 1998-, via the Wilson Select database
- Preventive Medicine*** RA 421 .P684
- Proceedings: Nutrition Society***, Current year available online TX 501 .N9
- Progressive Grocer*** TX 343 .P7
Also available online, 1996-, via the Business Source Elite database
- Restaurant Business***, Only available online, 1995-, from the Business Source Elite database
- Restaurant Hospitality***, Only available online, 1993-, from the Business Source Elite database
- Restaurants & Institutions*** TX 1 .I5804
Also available online, 1993-, from the Business Source Elite database
- Topics in Clinical Nutrition*** RM 214 .T67



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Selected References Books

All books are located in the reference section of floor 2 unless otherwise indicated.

<i>5-Minute Herb & Dietary Supplement Consult</i>	Reference, RM 666 .H33F84
<i>Almanac of the Canning, Freezing, Preserving Industries</i>	Reference, TX 599 .C402
<i>America's Top Restaurants</i>	Reference, TX 907.2 .A49
<i>American Dietetic Association Complete Food and Nutrition Guide</i>	Ref., RA 784 .D89
<i>Basic Nutrition Counseling Skill Development</i>	Reference, RM 218.7 .B38
<i>Bender's Dictionary of Nutrition and Food Technology</i>	Reference, TX 349 .B1
<i>Cambridge World History of Food</i>	Reference, TX 353 .C255
<i>Career Opportunities in the Food and Beverage Industry</i>	Reference, TX 911.3. V62S56
<i>Chef's Book of Formulas, Yields, and Sizes</i>	Reference, TX 820 .S355
<i>Chef's Companion: A Culinary Dictionary</i>	Reference, TX 349 .R48
<i>Clinical Guide to Nutrition & Dietary Supplements in Disease Management</i>	Reference RM258.5.J35
<i>Controversies in Food and Nutrition</i>	Reference, TX 335.5 .G65
<i>Corinne T. Netzer Encyclopedia of Food Values</i>	Reference, TX 551 .N42
<i>Culinary Schools</i>	Reference. TX 667 .C85
<i>Dietary Reference Intakes: Guiding Principles for Nutrition Labeling and Fortification</i>	Reference, TX 551 .I58
<i>Dictionary of American Food and Drink</i>	Reference, TX 349 .M26
<i>Dictionary of Italian Food and Drink</i>	Reference, TX 349 .M265
<i>Encyclopedia of Diet Fads</i>	Reference, RM 222.2 .B535
<i>Encyclopedia of Food and Culture</i>	Reference, GT 2850 .E53
<i>Encyclopedia of Food Sciences and Nutrition</i>	Reference, TX 349 .E47
<i>Encyclopedia of Foods: A Guide to Healthy Nutrition</i>	Reference, TX 349 .E478
<i>Encyclopedia of Kitchen History</i>	Reference, TX 653 .S57
<i>Evidence-Based Herbal Medicine</i>	Reference, RM 666 .H33E95
<i>Fast Food Facts</i>	Reference, TX 551 .F74
<i>Food Analysis</i>	Reference, TX 545 .I58
<i>Food Chronology</i>	Reference, TX 355 .T72
<i>Food Lover's Companion: Comprehensive Definitions of Over 3000 Food, Wine and Culinary Terms</i>	Reference, TX 349 .H533
<i>Food Science Sourcebook</i>	Reference, TX 349 .O3
<i>Foods and Food Production Encyclopedia</i>	Reference, TX 349 .F58
<i>Foods and Nutrition Encyclopedia</i>	Reference, TX 349 .F575
<i>French Cuisine: The Gourmet's Companion</i>	Reference, TX 349 .S23
<i>Funk & Wagnalls Cook's and Diner's Dictionary: A Lexicon of Food, Wine, and Culinary Terms</i>	Reference, TX 349 .F85
<i>Guide to College Programs in Hospitality & Tourism</i>	Reference, TX 911.5 .G8501
<i>Handbook of Spices, Seasonings & Flavoring</i>	Reference, TX 406 .U37
<i>Health Professional's Guide to Popular Dietary Supplements</i>	Reference, RM 258.5.S27
<i>Historical Dictionary of Indian Food</i>	Reference, TX 724.5 .A1A24
<i>Incorporating Herbal Medicine into Clinical Practice</i>	Reference, RM 666 .H33B37
<i>International Dictionary of Food and Cooking</i>	Reference, TX 350 .S53
<i>International Food Safety Handbook</i>	Reference, TX 531 .I594
<i>Krause's Food, Nutrition, & Diet Therapy</i>	Reference, RM 216 .K74
<i>Larousse Gastronomique</i>	Reference, TX 349 .M613
<i>Longman Food Science Handbook</i>	Reference, TX 349 .L54



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Selected References Books (continued)

Mayo Clinic Diet Manual: A Handbook of Nutrition Practices	Reference, RM 217.2 .M38
Meat Buyers Guide	Reference, TX 373 .M38
New Complete Book of Food: A Nutritional, Medical, and Culinary Guide,	Reference, TX 353 .R525
NutriBase Nutrition Facts	Reference, TX 551 .N75
Nutrition and Diagnosis Related Care	Reference, RM 217.2 .E83
Nutrition and Diet Therapy Reference Dictionary	Reference, RM 217 .L34
Nutritional Quality Index of Foods	Reference, TX 353 .H174
Oxford Book of Health Foods	Reference, TX 369 .V38
Oxford Companion to Food	Reference, TX 349 .D38
Recommended Dietary Allowances	Reference, TX 551 .N393
Seafood Lover's Almanac	Reference, TX 385 .L44
Simplified Diet Manual	Reference, RM 216 .R
Steven Jenkins Cheese Primer	Reference, TX 382 .J46
Visual Food Encyclopedia	Reference, TX 349 .E48
Webster's New World Dictionary of Culinary Arts	Reference, TX 349 .L33

Selected videos/DVDs:

Video and DVD's are available in Milner Library's Media Resource Center, floor 6.

Addressing the Threat of Food and Agricultural Terrorism (2004) VHS 2033

Discusses the risks of agro-terrorism and recent changes in food production and security that are designed to increase food safety at the state and national level. Information about what the USDA and the FDA regulate, previous national food-borne outbreaks, and the risks of agro-terrorism to the United States.

Food, Demographics and Culture (2004) Online resource from Milner's online catalog
Demonstrates how studying the production and consumption of food allows historians to uncover hidden levels of meaning in social relationships, understand demographic shifts, and trace cultural exchange. Discusses the fear that consumption of exotic and genetically modified foods disrupts the order of nature.

Food for the Ancestors (1999) VHS 1321

Presents Mexican customs relating to the care and remembrance of the dead as celebrated in the culturally rich state of Puebla. Covers the preparation of special foods.

Food for Thought (1999) Online resource from Milner's online catalog.

Observes a fifth grade class as they learn about testing procedures and nutrition as they test liquids and foods for different nutrients. Shows the students testing foods for the presence of glucose, starch, protein and fats. Students apply their knowledge by reading nutrition labels to plan health menus.

Food Presentation (1996) VC99 0192

Shows how to present food with imagination and style.



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- Foodessence** (1999) VHS 1495-1499
Presents food anthropology around the world. Covers the historic, cultural and technical background of a food or related topic. Covers sugar, food & intimacy, bread, myths & taboos, etc.
- Harvest of Fear** (2001) VHS 2068
Frontline and Nova explore the intensifying debate over genetically-modified (gm) food crops. Interviewing scientists, farmers, biotech and food industry representatives, government regulators, and critics of biotechnology, this two-hour report presents both sides of the debate.
- How to Garnish** (1989) VC99 0190
Demonstrates how to create elegant garnishes including vegetable flowers, carrot palm trees, a melon swan, etc.
- How to Get Fat Without Really Trying** (2003) DVD 0604
Peter Jennings reveals how government policies and the food industry practices are helping to make Americans fat.
- Life in the Fast Food Lane** (1997) VC99 0046
Discusses the dietary problems associated with fast food and ways to eat fast foods while avoiding excess calories and fat.
- Microbial Control** (2000) Online resource available from Milner's online catalog.
Introduces options for various levels of microbial control in situations where microbial control is a necessity such as hospitals and the food industry.
- Overcoming Overeating** (1998) VHS 1954-1956
A behavior oriented program for permanent weight control in a live interactive video format.
- Nutrition of the Infant** (2003) VHS 1722
Covers topics such as diet during pregnancy, benefits of breastfeeding, techniques for successful breastfeeding and formula feeding.
- Super Size Me** (2004) DVD 0968
Filmmaker Morgan Spurlock embarks on a journal to find out if fast food is making Americans fat.
- Taste** (2005) DVD 1457
Provides an overview of the physiological, psychological, and evolutionary aspects of taste. Compares our gustatory system with that of other animals and discusses how the tongue and nose work together to taste food.
- The Way We Eat: What Food Means** (2001) VHS 1500
Explores what role food plays in our lives. Discusses food as fuel, convenience, medicine, and social bonds. Also looks at food and moods, food alienation, and future food.



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Selected Web Sites

American Dietetic Association - <http://www.eatright.org/Public/index.cfm>

Cooking & Culinary School Directory – <http://cookingSchools.com>

Food Allergy & Anaphylaxis Network – <http://www.foodallergy.org>

Food and Nutrition Information Center (FNIC) – <http://www.nal.usda.gov/fnic>

Food Timeline, Culinary History Timeline. Social History, Manners and Menus –
<http://www.foodtimeline.org>

International Food Information Council (IFIC) Foundation – <http://www.ific.org>

Institute of Food and Science Technology – <http://www.ifst.org>

National Center for Food Safety and technology – <http://www.iit.edu/~ncfs/>

National Institutes of Health: Office of Dietary Supplements (ODS) –
<http://ods.od.nih.gov/>

National Restaurant Association – <http://www.restaurant.org>

Nutrition.gov – <http://www.nutrition.gov>

U.S. Food and Drug Administration – <http://www.fda.gov/>

Relevant Call Numbers, Floor 5

QP Physiology

QP 140+ Nutrition

RA Public Aspects of Medicine

RA 601+ Food and public health

RA 601.5+ Foodborne diseases

RA 784 Nutrition

RA 1258 Food poisoning (Toxicology)

RC Internal Medicine

RC 143 Food poisoning (Bacterial)

RC 268.7.F6 Food additives (Carcinogens)

RC 455.4.N8 Nutritional aspects of mental illness

RC 552.025 Food addiction

RC 588.D53 Allergy diets

RC 596 Food allergies

RC 607.A83+ Nutritional diseases

RC 965.F58 Food industry (Occupational Diseases)

RM Therapeutics

RM 200 Diet Therapy. Clinical nutrition

RM 218.5 Practice of dietetics

RM 222.5+ Methods of feeding

RM 229+ Specific diets

RM 302.4 Food-drug interactions

TP Chemical Technology

TP 371+ Food processing and manufacture

TX Home Economics

TX 341+ Nutrition, foods & food supply

TX 359 Nutrition policy

TX 360+ Diet, food supply, nutrition policy of special countries & groups of people

TX 369+ Specific foods & beverages

TX 500+ Examination & analysis

TX 640+ Cookbooks

TX 900+ Hospitality industry. Hotels, clubs, restaurants. Food service

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